

Tourism is our brand and is in our DNA. Therefore, we will contribute to enhance the Tourism Route in the municipality of Ourém and also to improve the touristic offer,

We look every day for ways to improve and value the social and public image about vocational schools. We also do it because special projects are motivating for our students and become attractive to many others.

Innovation is part of youth's DNA, and is an amazing age to stimulate creativity. The challenge to innovate was well accepted and add value to the Carmelite Route.

From the common effort of the two Schools lots of ideas and products came out, the "Carmelito" was just one of them.

A school at the service of society,  
a school of the future!

# Cake

## “O Carmelito”

# O

## CARMELITO



ESCOLA  
DE HOTELARIA  
DE FÁTIMA



# O “Carmelito”

We are proud to present “O Carmelito”, The Cake created and developed by Fátima Hospitality School, inspired by the study of the Carmelita Route - a unidirectional tourist route between Coimbra and Fátima Portugal.

It was based on the natural elements collected on the route that Cooking/Pastry students from Fatima Hospitality School were inspired to create this cake. Enriched by the best culinary techniques and fine pastry, the "Carmelito" intends to give added and tourist value to this Route.

The spiritual journey and tranquility of nature did their way through the classes of these young Chef's. They meditated and put their hands at the service to leave their mark on this product. Creative processes are also contemplatives and so the Route helped these students in the personal development of their technical skills.

## Making-of

With the guidance of Chef José Abelho, trainer in Fátima Hospitality School, the final outcome is a tourist innovation product.

Ourem Vocational School also helped and the interaction between both schools opened horizons. In the picture is possible to see the production of the mold that was used for finishing this cake, particularly the sprinkle of cinnamon.

### Ingredients - Collected on the path



Pumpkin



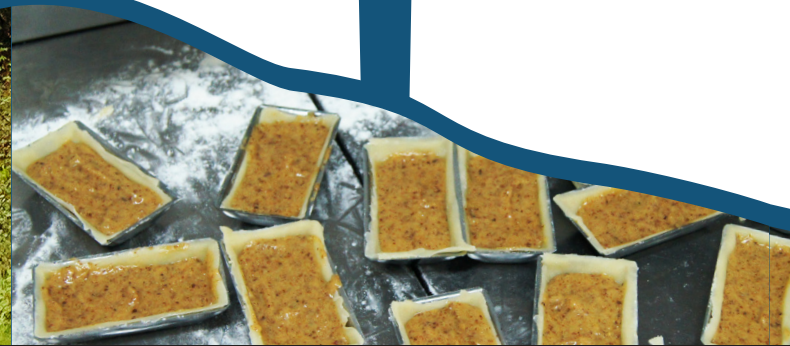
Almond



Lemon



Eggs



O “Carmelito”

↑ The Making-of

